

Valloire

SAVOIE GALIBIER
FRANCE

PRESS PACK SUMMER 2020



www.valloire.net



VALLLOIRE

GENUINE WARM-HEARTED SPORTSMAN

It is between the **two famous passes**, the **Telegraph** pass overlooking the Maurienne valley, and the **Galibier**, that you will discover the **charming village-resort**, like a jewel in the mountain...

At an altitude of **1430m**, its **1,100** inhabitants who live year-round, both in the village and in the **17 hamlets** of this valley of gold, carefully preserve their historical and cultural heritage. Testimonials of this commitment :







the Baroque church of the 17th century or the Telegraph Fort, which celebrates this summer the **80th anniversary of the Battle of the Alps**.

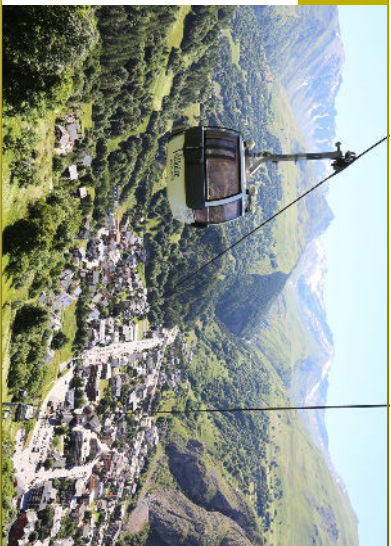
If winter, the International Ice and Snow Sculpture **Competitions** seduce beyond our borders, In the summer, **the sculptures on Straw and Hay** dazzle both passing holidaymakers and lovers of ephemeral art, so unique and impressive are the works of art in their majesty !

A must-see in the Vallée landscape, each year the Galibier pass attracts thousands of cyclists who come to climb the many bends of this emblematic pass, which dominates at **2642m of altitude**.

A crossing point between Savoie and Hautes-Alpes, it can be used in a sporting version such as a Nairo Quintana (winner of the 18th stage of the Tour de France 2019 - Stage Embrun Valloire) or in a slow-motion version, equipped with electric assistance.

NUMERICAL VALUE

-  **1430m** of altitude
-  **1100** inhabitants all year round
-  **17** hamlets / **16** chapels
-  **16 425** tourist beds
-  **135km** of marked trails
-  **11** mountain bike routes



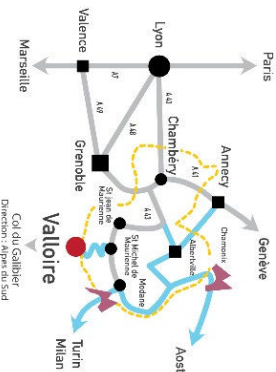
AN EASILY ACCESSIBLE STATION

BY TRAIN

TGV : Paris / Chambéry + direct connection Chambéry / St-Michel-Valloire
Direct connection Lyon Part-Dieu / St-Michel-Valloire every day.

BY PLANE

Chambéry / Aix (100km)
Grenoble (120km)
Lyon / Saint-Exupéry (170km)
Geneva / Cointrin (194km)



VALLLOIRE

THE NEWS

SENSATIONS GUARANTEED ON THE NEW PUMPTRACK

Located in the heart of the village, **the pumptrack** will surely seduce thrill-seekers. Mainly by bike, but also by scooter, rollerblades or even a "draisième" for the little ones, the pump-track is a set of **3 circuits of increasing difficulty (green-blue-red)**. Consisting of **several consecutive bumps and step**, it allows everyone to play with the terrain to **discover new sensations** without having to pedal !

The Valloire pumptrack is **240m of tracks** (60m green course, 84m blue course, and 96m red course) with a common starting area and 20m of dual-line at two levels.

Prices and timetables : Open every day from 9am to 9pm. Free of charge. From the age of 3.

Infos : www.valloire.net



AN EVENING MEAL IN THE NEW FERME DES ETROITS...

La Ferme des Etroits has moved! It is in the very last hamlet of Valloire, in the sweet name of Bonnemuit, and in a brand new building, that Christophe and Steve welcome holidaymakers every Wednesday from 5.30 pm for a **discovery of the farm**. On the agenda : **milking animals and tasting farm products**. **New** this summer, it is now possible to **share a meal at the farm** (from Thursday to Sunday for dinner, or Sunday for lunch).

A 100% terroir experience !

Prices : **3,50€** for the discovery / **26€** for the farmer's meal

Infos : 06 30 36 20 58 - lafermedesetroits@gmail.com

VALLLOIRE

THE AGENDA SUMMER

ASCENT TO THE MOUNTAIN PASTURES

13 June 2020

Alongside Marie-Do and Eric, owners of the Ferme du Pré Clos, holidaymakers are invited to experience and share the ascent of their animals in the mountain pastures. A festive and convivial day where you can discover all the mountain traditions...

9TH INTERNATIONAL

SCULPTURES ON STRAW AND HAY

From 30 June to 05 July 2020

Works of more than 7 meters high, sculptors from all over the world representing no less than 12 international teams of 2 sculptors : This international competition is the event not to be missed in Valloire!

CYCLOSPORTIVE LE PAPE MARMOTTE

GRANFONDO ALPES

04 and 05 July 2020

174 km, 5000m of difference in altitude, a start in Bourg d'Oisans and an arrival in Alpe d'Huez... this famous and legendary cyclosportive race goes of course through the mythical Col du Galibier! For the 2 days version, the itinerary is the same, and we add a stage... in Valloire !

80TH ANNIVERSARY OF THE

BATTLE OF THE ALPS JULY

11th and 12th 2020

Once upon a time...in 1940 : a battle, Italians, Germans, French...15 days during which the Italian army tries to gain ground. On July 11th and 12th, the Télégraphe fort becomes once again the theatre of this historic battle.

VALLLOIRE HERITAGE DAY

14 July 2020

The resort invites holidaymakers and inhabitants to discover or rediscover the natural and cultural heritage of Valloire with this day of free guided tours.

VALLLOIRE AUTREFOIS

FESTIVAL OF CRAFT INDUSTRY AND TRADITION

July 19, 2020

More than 20 craftsmen are present to honor the land and mountain traditions. On the agenda : concerts, dance demonstrations by the folklore group "La Vallée d'Or" and presentation of artisanal products.

11TH BAROQUE MUSIC FESTIVAL

From 25 to 31 July, 2020

Each year a theme, this year the Holy Empire, with sounds straight from Central Europe. Musical walks, conferences, concerts at the baroque church of Valloire are on the program of this classical music festival.

LE PIC SONNE, FESTIVAL SOUL ROCK REGGAE

From 02 to 08 August, 2020

This year, rock, reggae and soul music will resound in the streets of Valloire! At the terraces of the bars and restaurants of the village, one can enjoy free concerts for a week. Precise program to come.

12TH TRAIL DU GALIBIER

22 and 23 August 2020

Seven events spread over 2 days for adults and children in the Vallée d'Or.

BICYCLE OR MOUNTAIN BIKE DISCOVERY

A tailor-made

stay to discover the pleasure of two-wheelers...

Between the ascent of the mythical passes of Savoie, the 11 tracks of the Bike Park, and the 155 km of marked cross-country trails, there will be something for everyone!

Road bikes, mountain bikes or electric-assisted bikes, cyclists

Valloire opens up a whole range of possibilities... for a week or a weekend.

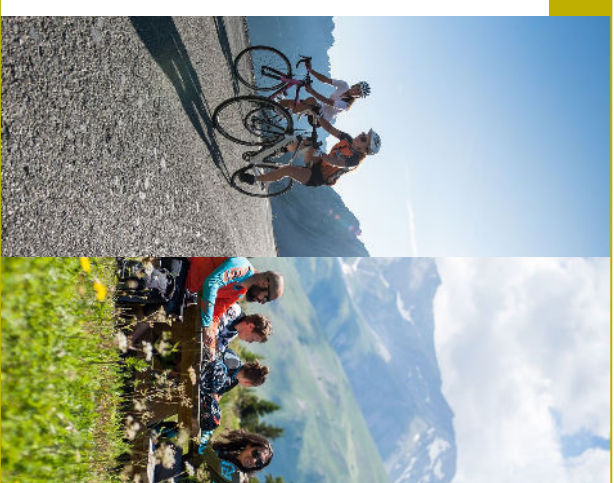
Prices :

From 157 to 180€/pers the week for 4 persons in apartment including the mountain bike rental for ½ day + the rental of a road bike for 1 day.

Possibility to add an accompaniment by a qualified instructor, to extend the rental time of the road bike, ATV or VAE and to be accommodated at the hotel.

Contact :

Valloire Reservation - www.valloire.com - 04 79 59 00 22



TRAIL STAY

Training sessions with a coach, recovery phases at the accommodation, full board with meals designed for sportsmen and women...
the D+ village is the ideal place to practise the trail in a supervised way in Valloire.

The stays proposed in the formula "weekend" or "week" are primarily intended for amateurs running in the mountains. In groups of level (beginner, intermediate or confirmed), the traileurs progress at their own pace, while enjoying the surrounding landscapes.

Prices : From 170€/pers the weekend

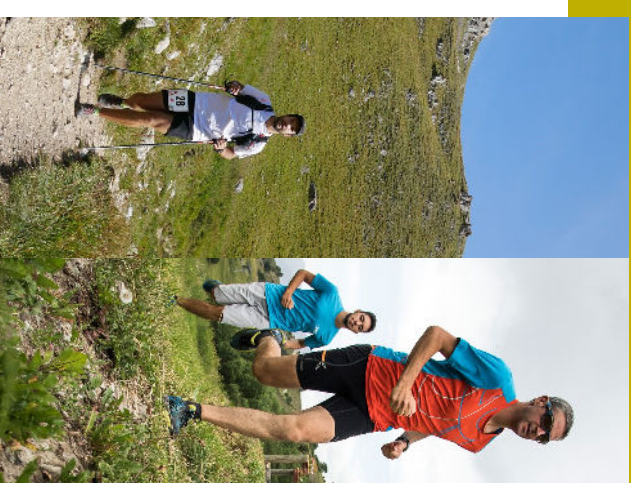
(3 days/2 nights) full board

From 375 € /pers per week

(8 days/7 nights) full board

Contact :

Auberge Village D+ - www.villages-dplus.com - 04 79 59 02 08



VALLOIRE

SPORTY

VALLOIRE

BICYCLE AND ATV

VALLOIRE, A PARADISE FOR TWO-WHEELERS!

The Maurienne is the perfect place for cycling : **the big prestigious passes, Iseran, Madeleine, Galibier... are accessible from Valloire.** Over the years, the Galibier has become the child prodigy of the Tour de France in the Alps, with numerous passages to his credit (nearly 33 since 1947). Now **renowned throughout the world** Valloire pampers its pass, which gives it an **unequalled reputation** among both amateur and professional cyclists for the reception of this specific clientele (garage, maintenance equipment, stays for amateur cyclists), mornings reserved exclusively for the circulation of bicycles, recharging stations for electric vehicles, everything is done to make **Valloire a paradise for cyclists.**

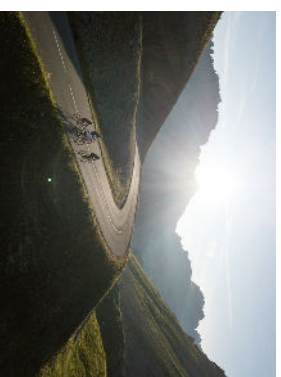
Infos : www.valloire.net

THE COL DU GALIBIER PASS RESERVED FOR CYCLISTS!

Stop, we're closing ! **On Thursday 23rd July and 20th August 2020,** the road leading to the Galibier **pass will be closed to motor vehicles** from Plan Lachat from 8am to 11am for an untimed challenge. Cyclists from all walks of life, amateurs, professionals at heart, unconditional lovers of the little queen, or naturally curious to discover this emblematic pass, all will set off to reach the summit.

With family, friends, solo, and even in VAE...
Enjoy the beauty of the landscapes and a great experience to share !

Price : Free access
Infos : www.valloire.net



ON THE ROAD AGAIN...TOWARDS THE BIKE PARK

For lovers of 2 wheels trail version, this time towards the **Bike park of Valloire-Galibier** ! Accessible from the Crêt de la Brive gondola lift or the Lac de la Vieille chairlift, this playground, approved by the French Cycling Federation, **has 33 km of prepared tracks and 11 marked trails.** Enough to satisfy the desires of the most athletic as well as those of families.

Prices : From **45€ per day** the rental of AE mountain bikes in the shops of station sports. From **14€ per day**, ascent and descent by gondola lift.

Infos : www.valloire.net



NO NEED TO KEEP IT UNDER THE PEDAL...

On your **electric-assisted ATV**, it's immediately easier to ride the **155 km of trails in Valloire-Galibier** and enjoy the pleasure of two wheels with your family ! Let it be said, the different levels of assistance will still allow the more sporty riders to exercise their calves... In Valloire, several terminals have been installed at the entrance to the resort and at Les Verneys (in the direction of the Col du Galibier), to allow cyclists to recharge their bikes.

Infos : www.valloire.net



VALLLOIRE

1001 WAYS TO HIKE

VIA-FERRATA : VALLOIRE FROM A VERTICAL PERSPECTIVE!

Via-ferrata means playing chamois in the cliffs in a safe way thanks to rungs and cables system attached to the wall in pathway on the mountainside. Valloire has **3 via-ferrata for children and parents** : young craphuteurs are initiated in the via ferrata of Poingt- Ravier, which was the **first equipped via ferrata in Savoie**. The initiates follow the via ferrata of the Telegraph and the one from Saint-Pierre to Valloire during **800m of difference in altitude**. Finally, the more experienced ones venture on **3 footbridges and a monkey bridge** in the Via Ferrata of the Rocher Saint Pierre. Different formats that promise nice memories while having the reward of a breathtaking view of the mountains!



Prices : From **39€/pers.** Equipment included in a 3h supervised outing trip

Infos : Valloire Tourist Office - Possible accompaniment by a guide :

Guides & Escorts Office - 06 99 96 41 87 - bureaudesguidesvalloire@gmail.com

THE "GETTING BACK ON YOUR FEET" HIKE »

In a **postcard setting** with the Grand Galbier or the Aiguilles d'Arves as guardians, **hiking** allows a real return to our roots, **a break from our busy and stressful daily lives**. It is at the rhythm of their desires and their physical condition that the mountain guides propose to the holiday makers to discover or rediscover the pleasure of walking, to contemplate the alpine fauna and flora. At the beginning of each week, half-day **outings are offered to get you started**, and at the end of the week, you can go on more challenging hikes reaching an **altitude of 3000m**.

Prices : From **32€/pers.** per day, picnic included.

Infos : Rando Montagne - <http://rando-montagne-valloire.fr> - **06 88 59 71 81 / 06 61 89 35 09**

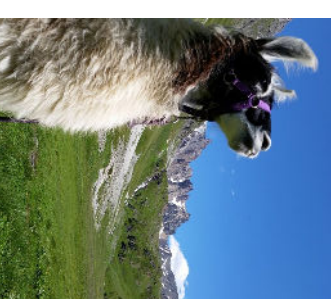


MY FAITHFUL COMPANION... THE LLAMA!

Gentle and completely docile, **llamas are a great way to make children walk with a smile**! An original and unforgettable alternative that will allow families to discover the mountain in a different light. **4 outings** are proposed by Gilles Tosca, protective keeper and passionate about these South American animals : **Half a day** in the middle of the mountain pastures to attack the last snows, **a day** with our friends the llamas to carry the home-made snack, in a version **apertif tales in the yurt** of the combe St-Pierre for stories that make us travel far away or during gourmet **evenings to discover** under the stars the local gastronomy. A Cornélian choice!

Prices : From **30 €/pers.** the day

Infos : www.llamas-de-valloire.fr



THE FAVORITE SPOT : LE LAC DES CERCEES

Imagine an accessible and family **hike of 1h30** from Plan Lachat, in the ascent to the Galbier, crossing an abundant flora and here we are facing the Lac des Cerces ready to enjoy a **magnificent sunset on the Aiguilles d'Arves... Last fishable lake** on this sector, this **place is paradise** for mountain lovers but also for inveterate fishermen. Nestled at the foot of the Sauma Rock, in the heart of the Cerces massif with a gorgeous view of the Grand Galbier, Mount Thabor, and the Aiguilles d'Arves, the magic of the high altitude lakes works...



VALLLOIRE

TRAIL

Following in the footsteps of great champions who grew up and trained in Vallloire, such as **Maud GOBERT**

- World Long Distance Trail Champion in 2011 or **Ludovic POMMERET** - 2nd in the mythical Trail

"La Diagonale des Fous" in Reunion Island in 2019, winner of the UTMB in 2016, Vallloire offers a fabulous playground with the Cerces, the Aiguille Noire or the Lauzette as a backdrop...

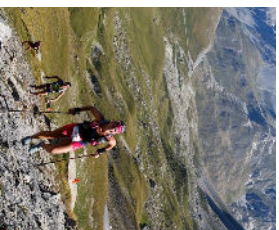
MY SUMMER SPORTS CHALLENGE :

LE TRAIL DU GALIBIER-THABOR

AUGUST 22 AND 23, 2020

For this **12th edition**, the trail of Galbier Thabor is getting a new look and is enriched with **new routes!** Ideal for crossing the **magnificent valleys of Thabor** and to discover the Arves massif differently, the Trail du Galbier-Thabor offers this year **7 courses** to satisfy both experienced hikers and mini hikers. The trail of Galbier-Thabor, **67 km for 3690m of positive and 4050m of negative** difference in altitude to be realized by a team of 2, with a bivouac on Saturday evening at the military camp of Les Rochilles. There are activities for everyone!

Infos and Prices : <https://www.traildugalbier.com/fr>



SURROUND YOURSELF WITH A COACH TO DISCOVER THE TRAIL

It is with **Lucie Bidault, a very promising traileuse**, that you can discover the trail activity for half a day. A moment of **sport and osmosis** with **the mountain environment** to have fun and progress at your own pace. A varied program, which combines pleasure and progress in the morning or twilight outings, with the added bonus of a run on foot with a summit at over **3000m altitude**.

Prices : From **10€** for a 1.5 hour outing
Infos : Lucie **06 88 59 71 81** or **06 61 89 35 09**



THE TRAIL CONNECTED VERSION : THE "VALLOIRE" APPLICATION »

For the digital lovers or for those who simply want to be reassured while being in autonomy, Vallloire offers an **application dedicated to trail**.

With **4 routes** at the fore front, an **interactive virtual guide** to plan your day-to-day outings according to your physical condition, and a **geolocation system** to know the direction to follow in real-time, discovering the trail in Vallloire has never been so easy.

Infos : www.vallloire.net



VALLLOIRE

GUARANTEED SENSATIONS

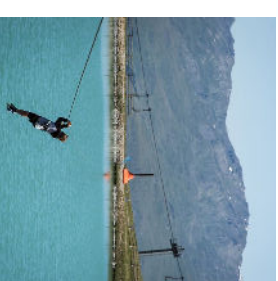
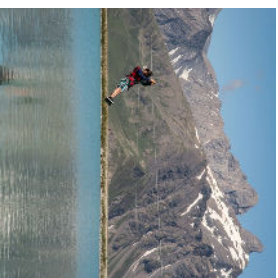
HIGH ALTITUDE ZIP LINES... I BELIEVE I CAN FLY!

Do like the bird... **Two zip lines**, the eagle zip line for the most adventurous and the eaglet zip line for children, allow you to fly in a playful way above the Lac de la Vieille at an **altitude of almost 2300m** !

In a breathtaking scenery, above crystal-clear turquoise waters, the high altitude zip line is a breathtaking experience ! Sensations guaranteed.

Prices : From **4€** the passage

Infos : SEM Vallloire - **04 79 59 03 90** and www.vallloire.net



GAIN HEIGHT WITH THE CATAPULT AND THE BIG AIR BAG

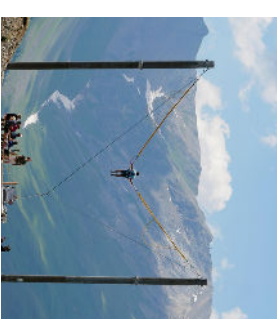
3, 2, 1... let's go for an incredible leap in the air !

These 2 fun and amusing activities are open to children from 6 years old (or over 20 kg) with one prerogative : **don't be afraid to be seen...**

Installed in a unique setting, at the top of the Brive cable car, the **Catapult'** is part of the Sea area which also includes a **Big Air Bag** allowing you to let all the acrobatics you want go free.

For the Pitchouns, from 2 to 6 years old, they will not be outdone thanks to the **giant buoys**, bringing them nice slides of all kinds !

Prices : From **8€** per jump for the Catapult' + from **3,50€** per Big Air Bag and the giant buoys.



FOR ACE FLYERS : THE MOUNTAIN KART!

It is under the astonished eyes of parents and grandparents that children aged 10 and over will hurtle down the Lièvre trail from the top of the Lac de la Vieille chairlift at top speed. **At the wheel of their machine, and equipped with a helmet, they will link turns and descents.** An activity reserved for the most intrepid and fearless !

Prices : From **10€**

Infos : SEM Vallloire - **04 79 59 03 90** and www.vallloire.net



VALLOIRE WELCOMING



VALLOIRE THE ESSENTIALS

9TH EDITION OF THE INTERNATIONAL COMPETITION OF GIANT SCULPTURES

ON STRAW AND HAY - FROM 30 JUNE TO 5 JULY 2020

No less than **600kg of hay and 400kg of straw, 75m of wire netting and other rolls of irons or scrolls** are needed for this **gigantic and monumental competition**.

Unique in France, the 24 sculptors from all over the world will have to show creativity and originality to design giant characters, animals, objects.... In teams of two, they give free rein to their imagination to create ephemeral works, submitted to a vote by the jury and the public, which will remain visible all summer long at the Verneys.

A specific press kit is available on request.

Infos : www.valloire.net



11TH VALLOIRE BAROQUE FESTIVAL - FROM 25 TO 31 JULY 2020

Recognized for many years as one of the **high lights of the summer**, the Valloire Baroque Festival brings together no less than **85 musicians** in the Savoyard resort. Each year a different theme punctuates this musical rendezvous, this year that of the **"Holy Empire", with sounds coming straight from**

Central Europe. With the emblematic venue of this festival, the baroque masterpiece of the resort - the church of Notre Dame de l'Assomption - **classical music lovers** and the curious alike will be enchanted by the **musical walks** at the foot of the mountains, the **free lectures or one of the 10 concerts given in the church**.



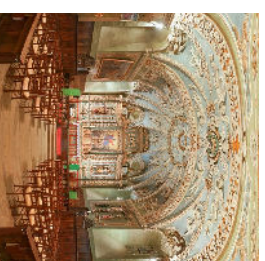
Prices : Concert tickets from **10 to 32€**. Free lectures.

Infos : www.festivalvalloirebaroque.com

FOCUS ON THE BAROQUE CHURCH OF NOTRE DAME DE L'ASSOMPTION

Characteristic of Savoyard baroque **art of the 17th century**, this church was consecrated in 1682 by the Bishop of Maurienne, Monsignor Hercule Berzetti. If the outside is rather sober in the image of Savoyard architecture, the inside is **only magnificence, gliding, and a profusion of decorations...** In addition to the most characteristic elements of the Baroque that are the altarpiece of the main altar, the vault of the Choir in "gypsy" and the side altarpieces, the church has a rich decoration : crucifixion, altar paintings of the Dufour brothers lineage and frescoes in the nave. One of the **most sumptuous decorations of the churches of Savoy can be found here**.

Infos : Group or individual guided tours possible, more information at the Tourist Office of Valloire - www.valloire.net



LE PIC SONNE, 12TH HIGH ALTITUDE SOUL ROCK REGGAE FESTIVAL

02 TO 08 AUGUST 2020

This year, it is Reggae, Rock, Soul music **that will resound in the streets of Valloire** ! It is on lively rhythms that holidaymakers **can enjoy the many free concerts** given throughout the week in the bars and restaurants of the village. Every day, 1, 2, or even 3 concerts are offered. And to end this week in rhythm, it is on a large stage, at the foot of the majestic mountains, that several groups will succeed one another. Precise programming to come...



Infos : Free access - Azize - **06 61 89 35 09** - www.picsonne.fr

VALLOIRE

AUTHENTIC

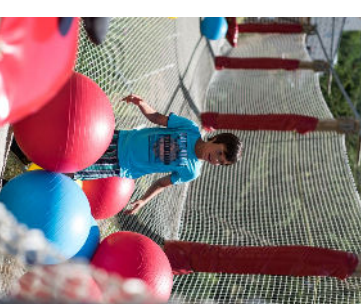
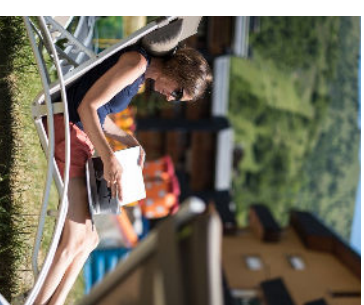
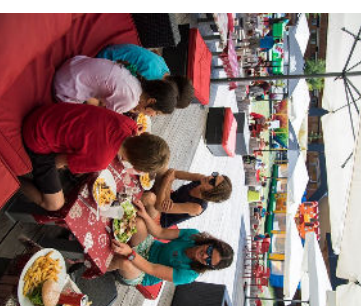
VALLOIRE

FAMILY

THE PRÉ DU KÔSA : THE HQ OF THE FAMILIES

It is in the heart of the village of Valloire that hides this place of 3000m² for families. **Trampolines, bouncy castles, woodenboard games, a sunny terrace where sofas and deckchairs** are set up so that mum and dad can quietly enjoy this moment of relaxation, home catering (*burgers, fresh fruit juice ...*) here **the children are kings** ! Free to play in this space entirely protected from cars, free to come and quench your thirst, after all kinds of stunts on the inflatablestructures, free to go and meet Nicolas' chickens and rabbits (*owner of the place*)... and in the evening, free concerts and storytelling evenings.

Infos : 06 11 44 84 89 - www.valloire.net



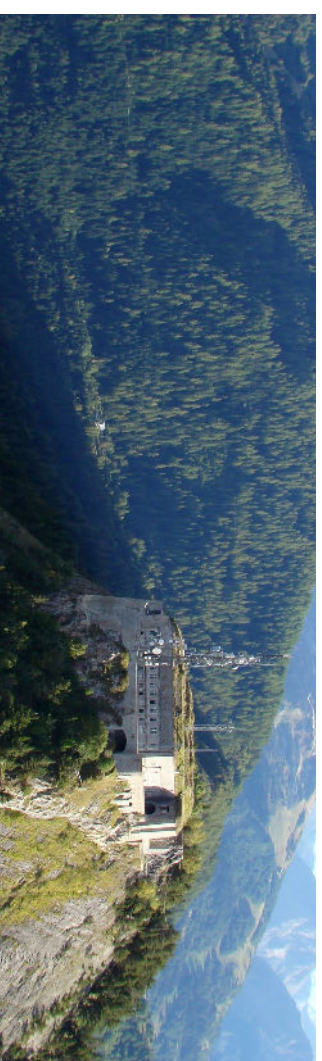
UNUSUAL: A LASER GAME IN THE TELEGRAPH FORT

Immersion in "adventurous" mode in this **atypical place of the Telegraph Fort**, built between 1885 and 1893, which overlooks the Maurienne Valley and becomes a **Laser Camp**. Go to a historical labyrinth with a **military atmosphere...** Sniper, commando, medic, machine-gunner : Each player can take on any role he wishes to protect the fort from an enemy invasion. **Several play areas with a total surface area of 450m²** **Indoors and outdoors** will delight young and old alike from the age of 6.

Open Mondays, Tuesdays, and Fridays from 15 June to 15 September. Reservation required.

Pricing : From 6 years old - Packages 1h from **17€/pers.**

Infos : Stéphanie - **06 98 77 43 67** - www.lasercamp.fr



VALLLOIRE

ZENALTITUDE - DISCONNECTION

YOGA SESSIONS IN VALLOIRE

Combining the energy of the body and the energy of the mountains that surround us, this is what Cécilia proposes during **hatha yoga sessions**. Whether you start the practice or are confirmed, these sessions based on **emotional sequences** bring serenity and peace of mind and body to everyone. **A sweet and bewitching** experience that cuts short our stressful daily lives! Beginner sessions on Tuesdays and intermediate/advanced sessions on Thursdays. Free yoga sessions on Mondays.

Prices : 10€ per session

Infos : Cécilia Laurent - **06 23 80 51 08** - cecilia.laurent@hotmail.fr

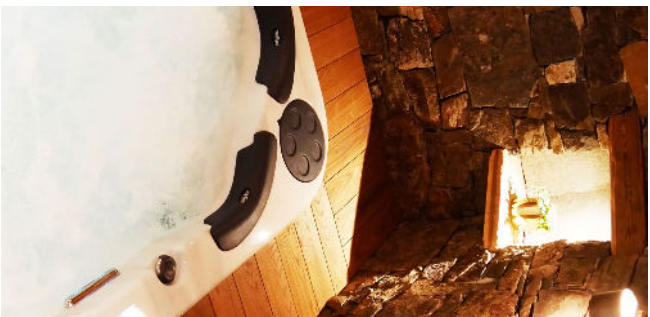


TO TAKE CARE OF YOURSELF : LES SENS DES CIMES

After a hike in the mountains, or simply because you feel like it, you push the door of Les Sens des Cimes for **maximum relaxation**. **Sauna, hammam, and jacuzzi**, this high-altitude **spa with its refined** design, exudes a warm and relaxing atmosphere... Alone or in a duo, the specific massages allow you to restore energy to a tired body, or to evacuate accumulated tensions. Here, children from 6 to 14 years old are also pampered with specific, fun and gourmet treatments with 30-minute massages. Open every day from 9am to 8pm.

Prices : 25€ per sauna, spa, hammam (for 1 hour) - massages from **45€** - body treatments from **30€**

Infos : **04 79 20 36 91** - www.les-sens-des-cimes.com



VALLLOIRE

BACK IN THE PAST...

80 YEARS OF THE BATTLE OF THE ALPS - 11 AND 12 JULY 2020

On July 11th and 12th, the Telegraph Fort offers an invitation to travel into the past...

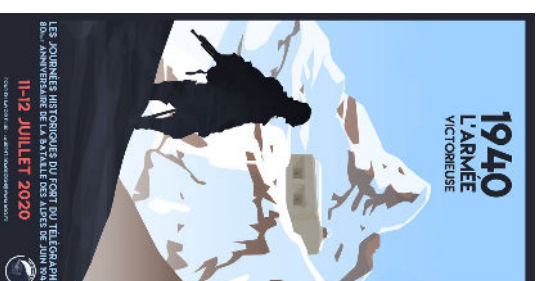
Relive the Battle of the Alps which was the scene of this historic battle in 1940.

Let's go back to **World War II**: 10 June 1940, faced with France's inevitable defeat at the hands of Germany, Italy declares war on her. The Italians lined up more than 300,000 men while the Army of the Alps had only **185,000 men...**

From 21 to 24 June, the Italian troops went on the offensive, clashing with the French defences and the Maginot Line. **The Valloire and Valmeinier sector was the site of a 2,000-man attack that was blocked thanks to the artillery of the Télégraphe fort and the action of French soldiers on the ground.**

On July 11th and 12th, the Telegraph Fort opens its doors and will offer to the public of **the French and Italian reenactment platforms**, with battle positions, observation posts, a camp, an infirmary, a command post, the presence of a 65 mm mountain gun and a 47 mm... but also **exhibitions** of equipment, vehicles, models, **autographs** of authors, **conferences...** Highlights of this weekend of history: **the taking up of arms in Valloire on Sunday at 10am in the presence of the civil and military authorities**, with the unveiling of a commemorative plaque with the presence of a detachment of the 93rd Mountain Artillery Regiment.

Infos : Laurent Demouzon - **06 24 77 03 12** - www.valloire.net



PORTRAIT : JACKY MARTIN, THE LIVING MEMORY OF THE VILLAGE

Over 70 years old, 51 of whom are ESF instructors in the winter and working in the village archives the rest of the year, Jacky Martin knows **the history of Valloirinche** at his fingertips and always has an anecdote in his luggage. Having lived through the evolution of tourism, this Savoie Mont-Blanc Heritage Guide has been organising **historical and humorous visits to the Telegraph Fort** on Wednesdays and Thursdays in pairs with Laurent Demouzon for the past 20 years. Enough to discover the Fort from a different perspective !

Prices of the visits : From **8€** / adult - **2€** / child.

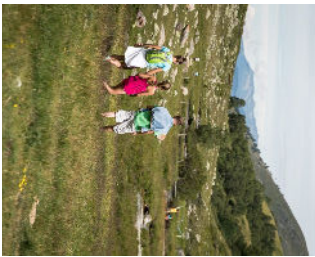
PORTRAIT : LAURENT DEMOUZON, HISTORIAN AND ORGANIZER OF THE 80TH ANNIVERSARY OF THE BATTLE OF THE ALPS

Passionate about **the history of the alpine troops, the fortifications of Savoy and the Battles of the Alps**, Laurent Demouzon is a historian, guide of the Savoy Mont-Blanc heritage and ski instructor in winter.

A collector of uniforms, insignia, and documents, he collaborates in various historical reviews and is one of the founding members of the association "Tempête sur les Alpes", a group of historical reconstructions and research. Author of several works on the fortifications of Savoy, he gives **lectures and exhibitions, and this summer will organize the 80th anniversary of the Battle of the Alps on July 11th and 12th.**

VALLLOIRE

ALPINE PASTURE TRIP



GOURMET BREAK IN THE EVENING IN THE MIDDLE OF THE MOUNTAIN PASTURES

At the end of the day, when the last rays of sunshine cover the mountains with their orange colours, Gilles and Cyrille invite hikers (from 10 years old) for a **short walk in the middle of the mountain pastures**. Arriving at the Cyrille mountain pasture chalet, it is in the peace and quiet that you can **admire the sunset facing the Grand Galibier** or have an aperitif. Long views and binoculars are part of the trip to **observe the chamois in the evening**, before discovering **typical local dishes** such as the diots de Valloire or the traditional Savoyard fondue, and to let yourself be lulled by the beautiful stories and anecdotes of the area...

The descent is done at the front under the stars.

Prices : From **32€/pers.**

Infos : **06 26 23 83 24** or **06 77 10 06 81**

SHEPHERD FOR A DAY : ASCENT TO THE MOUNTAIN PASTURES ON SATURDAY 13 JUNE

Marie-Do and Eric from the Pré Clos farm offer to experience **the traditional ascent to the mountain pastures for their cattle**. Conviviality is the motto of these **festivities** which reserve a beautiful program : aperitif on arrival in the mountain pastures, butter making and tasting, then a mountain meal before going back down to Valloire. **A day rich in discoveries!**

A workshop for tasting and selling fresh produce is also set up, and the producers are delighted to open their workshops to the curious!

Prices : Farmer's meal **14€**

Infos : La ferme du Pré Clos - **06 45 72 99 98**

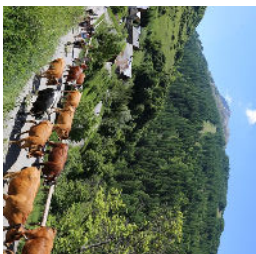


PHOTO SAFARI : ALL IN THE BOX!

Marmots, deer, eagles, roe deer, chamois... no one will be forgotten! Alongside Gilles, Thierry or Cyrille, mid-mountain guides, it's time for a **morning hike**, very accessible (100m of positive difference in altitude) to **discover the wild fauna**. The walkers will look carefully for the playful and sometimes curious marmots, the chamois circling on the steep slopes, the eagles skimming the cliffs, the vultures hovering above the mountain pastures...

A wonderful discovery to be experienced with the whole family.

Prices : From **17€/adult** and **14€/child** from 8 to 16 years old.

Infos : **06 70 06 44 88** - www.estancot.net



VALLLOIRE

MADE IN VALLLOIRE

BRASSERIE GALIBIER, THE HIGHEST CRAFT BREWERY IN FRANCE

White, blond, amber... Galibier artisanal beers are **brewed here in Valloire, at 1430m altitude with spring water from the Glacier de la Clapière**.

The team brews **modern, original beers of various inspirations**. After starting the adventure in a garage, Brice Le Guenec, works in the purest tradition, in an artisanal way. It complies with the German purity law, known as the Reinheitsgebot, which has been in force for more than five centuries. Proof of its **exceptional know-how**, the brewery is frequently **rewarded during national and international competitions** (triple medal winner at the FRANCE BEER CHALLENGE in Paris, Gold medal at the BRUSSELS BEER CHALLENGE, ranked among the 10 best beers in the world by the newspaper le SUN in London...).

Direct sale, tasting at the brewery every day (except Sundays) from 4.30 pm to 6.30 pm.

Prices : From **32€/pers.**

Infos : **06 26 23 83 24** or **06 77 10 06 81**



LES DIOTS DE VALLLOIRE, A CULINARY SPECIALITY OF VALLLOIRE... A WELL-KEPT SECRET !

This sausage, as rustic as you like, whose stuffing consists of pork, beef and vegetables, is the **emblematic dish of Valloire**. Gastronomes should not be mistaken, it is not to be confused with his cousin "de Savoie" ! **Le Diot " de Valloire "** **has its own special recipe**... Composed of vegetables (cabbage, carrots, onions, red beetroot), beef, pork bacon, and veal strawberries complete the mixture

to bring a unique high flavor !

Cooking : put the Diots in lukewarm water and boil for 15 minutes, add the potatoes in their robes, leave to cook for 30 minutes. Serve hot (count one Diot and one or two potatoes/person).

Where to find Diots de Valloire :
The authentic Maison Retornaz (Caterer-Butcher-Charcutier) - **04 79 59 01 79**
The Bolliet Butchery (Caterer-Butcher-Charcutier) - **04 79 59 03 45**



Valloire

 **GALIBIER**
FRANCE

PRESS CONTACTS

Links Communication

Tél : 04 50 91 41 08

Jessica POLLIAND

jessica@linkscom.fr

Stéphanie LEMASSON

stephanie@linkscom.fr

Valloire Tourisme

Tél : 04 79 59 03 96

Emmanuelle LACOSTE - Directrice

emmanuelle.lacoste@valloire.net

Marie-Pierre MAGNIN - Relations Presse

marie-pierre@valloire.net

